



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC

ESCA 10m Time Trial – Saturday 9th Sept 2017 – G10/87

Reduced to 6.1 miles due to traffic lights on course

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Result Sheet

Event Secretary **Peter Moon** (Eastbourne Rovers CC)
73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Tel: 01323 485180 **Mob:** 07949 112107 **Email:** little.brook@btinternet.com

Timekeepers **Graham Lade** (Eastbourne Rovers CC) & **Jane Lade** (Eastbourne Rovers CC)

Prize Winners

| Category | Pos | Rider | Club | Time | Prize |
|--|------|------------------------|----------------------------------|----------------|---------|
| Fastest Overall | 1st | Marc Townsend | Eastbourne Rovers CC | 0:12:27 | £ 30.00 |
| | 2nd | Stuart Bettis | South Downs Bikes / Casco Europe | 0:12:37 | £ 25.00 |
| | 3rd | Mark Emsley | Team ASL | 0:12:38 | £ 20.00 |
| | 4th | Nick Dwyer | Lewes Wanderers CC | 0:13:10 | £ 15.00 |
| | 5th | Stephen Comben | Lewes Wanderers CC | 0:13:11 | £ 10.00 |
| Fastest Lady | 1st | Ruth Summerford | Eastbourne Rovers CC | 0:14:14 | £ 20.00 |
| | 2nd | Lisa Davis | Lewes Wanderers CC | 0:14:52 | £ 15.00 |
| | 3rd | Katie Crowe | Dulwich Paragon CC | 0:14:55 | £ 10.00 |
| Fastest Juv/Jun | 1st | James Gilmore | Preston Park Youth Cycling Club | 0:16:04 | £ 15.00 |
| Fastest in each age category not winning another individual prize | | | | | |
| Aged under 35 | (26) | Jonathan Pontin | Addiscombe CC | 0:13:26 | £ 10.00 |
| Aged 35 – 39 | (39) | Krzysiek Lachor | Clapham Chasers | 0:13:46 | £ 10.00 |
| Aged 40 – 44 | (43) | Mark Edwards | Eastbourne Rovers CC | 0:13:36 | £ 10.00 |
| Aged 45 – 49 | (48) | David Clark | Eastbourne Rovers CC | 0:13:39 | £ 10.00 |
| Aged 50 – 54 | (53) | Lawrence Wintergold | Hounslow & District Whs | 0:13:55 | £ 10.00 |
| Aged 55 – 59 | (56) | Peter Owen | Norwood Paragon CC | 0:15:40 | £ 10.00 |
| Aged 60 – 64 | (61) | Nigel Wood | Dulwich Paragon CC | 0:17:21 | £ 10.00 |
| Aged 65 or over | (76) | George Windsor | VTTA (Surrey & Sussex) | 0:16:28 | £ 10.00 |
| Fastest Team of 3 | | Marc Townsend | Eastbourne Rovers CC | 0:12:27 | £ 15.00 |
| | | Mark Edwards | Eastbourne Rovers CC | 0:13:36 | £ 15.00 |
| | 1st | David Clark | Eastbourne Rovers CC | 0:13:39 | £ 15.00 |
| | | Total Team Time | | 0:39:42 | |
| | | Nick Dwyer | Lewes Wanderers CC | 0:13:10 | £ 10.00 |
| | | Stephen Comben | Lewes Wanderers CC | 0:13:11 | £ 10.00 |
| | 2nd | Robert Rollings | Lewes Wanderers CC | 0:13:30 | £ 10.00 |
| | | Total Team Time | | 0:39:51 | |

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Overall Result Sheet

| Pos | Race No | Rider | Club | Cat | Age | Time |
|------------|---------|---------------------|----------------------------------|-----|-----|----------------|
| 1 | 50 | Marc Townsend | Eastbourne Rovers CC | S | 36 | 0:12:27 |
| 2 | 40 | Stuart Bettis | South Downs Bikes / Casco Europe | S | 33 | 0:12:37 |
| 3 | 70 | Mark Emsley | Team ASL | S | 28 | 0:12:38 |
| 4 | 60 | Nick Dwyer | Lewes Wanderers CC | V | 54 | 0:13:10 |
| 5 | 11 | Stephen Comben | Lewes Wanderers CC | S | 39 | 0:13:11 |
| 6 | 45 | Jonathan Pontin | Addiscombe CC | S | 26 | 0:13:26 |
| 7 | 15 | Robert Rollings | Lewes Wanderers CC | S | 31 | 0:13:30 |
| 8 | 55 | Mark Edwards | Eastbourne Rovers CC | V | 43 | 0:13:36 |
| 9 | 25 | Brett Davis | Lewes Wanderers CC | V | 44 | 0:13:37 |
| 10 | 61 | David Clark | Eastbourne Rovers CC | V | 48 | 0:13:39 |
| 11 | 9 | Krzysiek Lachor | Clapham Chasers | S | 39 | 0:13:46 |
| 12= | 41 | David Clements | Eastbourne Rovers CC | V | 45 | 0:13:48 |
| 12= | 69 | Malcolm Davies | VC Elan - Harry Perry Cycles | V | 42 | 0:13:48 |
| 14 | 68 | Lawrence Wintergold | Hounslow & District Whs | V | 53 | 0:13:55 |
| 15 | 20 | Michael Davey | Eastbourne Rovers CC | V | 40 | 0:13:56 |
| 16 | 56 | Mikey Weavers | East Grinstead CC | S | 19 | 0:13:59 |
| 17 | 65 | Damen Foord | Direct Power Cycling Team | S | 33 | 0:14:10 |
| 18 | 38 | Ruth Summerford | Eastbourne Rovers CC | WS | 26 | 0:14:14 |
| 19 | 4 | Daniel Ellis | Eastbourne Rovers CC | S | 36 | 0:14:35 |
| 20 | 26 | Ian Newbold | Worthing Excelsior CC | V | 44 | 0:14:42 |
| 21 | 59 | Colin Harrison | East Grinstead CC | V | 52 | 0:14:43 |
| 22 | 62 | Mark Thomas | Bigfoot CC | V | 54 | 0:14:46 |
| 23 | 37 | Lisa Davis | Lewes Wanderers CC | WV | 42 | 0:14:52 |
| 24 | 51 | Martin Shoesmith | Mid Sussex Triathlon Club | V | 53 | 0:14:53 |
| 25 | 58 | Andy McGregor | Mid Sussex Triathlon Club | V | 40 | 0:14:54 |
| 26 | 39 | Katie Crowe | Dulwich Paragon CC | WV | 41 | 0:14:55 |
| 27 | 52 | Peter Barling | Lewes Wanderers CC | S | 34 | 0:14:58 |
| 28= | 22 | Jonathan Morcombe | Brighton Mitre CC | V | 42 | 0:15:03 |
| 28= | 34 | Katie Wright | Mid Sussex Triathlon Club | WS | 30 | 0:15:03 |
| 28= | 47 | Phil Couch | Mid Sussex Triathlon Club | V | 48 | 0:15:03 |
| 31 | 21 | Michael Valks | Lewes Wanderers CC | V | 46 | 0:15:05 |
| 32 | 64 | Robert Hoodless | Mid Sussex Triathlon Club | V | 53 | 0:15:27 |
| 33 | 36 | Rachel Baker | Mid Sussex Triathlon Club | WV | 43 | 0:15:29 |
| 34 | 6 | John-Paul Brophy | Eastbourne Rovers CC | V | 42 | 0:15:30 |
| 35 | 13 | Peter Owen | Norwood Paragon CC | V | 56 | 0:15:40 |
| 36 | 8 | Robert Royle-Evatt | Addiscombe CC | V | 50 | 0:15:41 |
| 37 | 16 | Barry Davids | Mid Sussex Triathlon Club | V | 41 | 0:15:46 |
| 38 | 53 | Paul Butler | Hastings & St. Leonards CC | V | 44 | 0:15:50 |
| 39 | 67 | Adrian Bennett | Mid Sussex Triathlon Club | V | 52 | 0:15:54 |
| 40= | 35 | Olivia Webb | Eastbourne Rovers CC | WV | 48 | 0:15:58 |
| 40= | 48 | Keis Layzell | Eastbourne Rovers CC | V | 44 | 0:15:58 |
| 42 | 23 | James Gilmore | Preston Park Youth Cycling Club | Jv | 14 | 0:16:04 |
| 43 | 49 | George Windsor | VTTA (Surrey & Sussex) | V | 76 | 0:16:28 |
| 44 | 44 | Jo Fleming | Mid Sussex Triathlon Club | V | 48 | 0:16:32 |
| 45 | 54 | Steve McMenamin | Crawley Wheelers | V | 50 | 0:16:40 |
| 46 | 43 | Paul Valks | Lewes Wanderers CC | V | 73 | 0:16:47 |
| 47 | 17 | Kevin Hinton | Crawley Wheelers | V | 44 | 0:16:48 |
| 48 | 33 | Sue Collett | Lewes Wanderers CC | WS | 39 | 0:17:16 |

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Overall Result Sheet

| Pos | Race No | Rider | Club | Cat | Age | Time |
|-----|---------|------------------|----------------------------|-----|-----|---------|
| 49 | 27 | Nigel Wood | Dulwich Paragon CC | V | 61 | 0:17:21 |
| 50 | 24 | Mark Blewitt | Anerley BC | V | 47 | 0:17:44 |
| 51 | 28 | Chris Parker | Hastings & St. Leonards CC | V | 61 | 0:17:53 |
| 52 | 12 | Derek Hastings | Mid Sussex Triathlon Club | V | 71 | 0:18:17 |
| 53 | 31 | Sarah Hinton | Mid Sussex Triathlon Club | WV | 42 | 0:18:26 |
| 54 | 32 | Lara Shoesmith | Mid Sussex Triathlon Club | WS | 20 | 0:19:16 |
| 55 | 18 | Richard Cave | Eastbourne Rovers CC | V | 65 | 0:20:08 |
| - | 5 | Sean Quinney | Lewes Wanderers CC | V | 48 | DNS (A) |
| - | 7 | Stuart Payne | Central Sussex CC | V | 55 | DNS (A) |
| - | 10 | Christian Yates | East Grinstead CC | V | 54 | DNS (A) |
| - | 14 | Darren Bird | Mid Sussex Triathlon Club | S | 37 | DNS (A) |
| - | 19 | Richard Streeter | Lewes Wanderers CC | V | 51 | DNS (A) |
| - | 29 | Nathan Russell | Eastbourne Rovers CC | S | 29 | DNS (A) |
| - | 30 | Tom Glandfield | Lewes Wanderers CC | V | 44 | DNS (A) |
| - | 42 | Andrew Green | Old Portlians CC | V | 51 | DNS (A) |
| - | 46 | Aidan McConville | Lewes Wanderers CC | S | 38 | DNS (A) |
| - | 57 | Lee Holdaway | Hastings & St. Leonards CC | V | 62 | DNS (A) |
| - | 63 | Jon Collett | Lewes Wanderers CC | V | 44 | DNS (A) |
| - | 66 | Ion Tsakalis | Brighton Mitre CC | V | 52 | DNS (A) |

Notes & acknowledgements

Apologies to those that were pinning their hopes on a PB for the final ESCA 10 mile race of the season on what promised to be quite a decent day. Unfortunately, temporary traffic lights on the course left us no option but to shorten the event to approximately 6.1 miles to allow us to race, albeit a bit of a 'blast'. Many thanks to our timekeepers, Graham and Jane Lade, for quickly coming up with the new start and finish points to ensure riders started and finished safely.

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Time Keepers Jane and Graham Lade

Recording Stuart Davis

Pushing Off Sam Dix (In-Gear Quickvit Trainsharp RT)

Marshal Peter Eames at the Boship roundabout

Refreshments Homemade cakes from Ruth Summerford, served by Peter Moon

Results Ann Human

Photography Also many thanks to the Eastbourne Rovers Club Photographer, Bob Taylor, who was out on the course taking photos; these will shortly be available to view or download from the Eastbourne Rovers Facebook page and the ESCA Facebook group at the links below

Eastbourne Rovers www.facebook.com/roverscycling
ESCA www.facebook.com/groups/EastSussexCA/

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This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the April 10**, will be eligible for these awards at the annual prize presentation in February 2017.

ESCA BAR: Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

2017 points competition – ESCA points awarded for this event

| Individual | Club | Points | Club | Points |
|-------------------|----------------------------|--------|---------------------------------|--------|
| Marc Townsend | Eastbourne Rovers CC | 30 | Eastbourne Rovers CC | 182 |
| Mark Emsley | Team ASL | 29 | Lewes Wanderers CC | 149 |
| Nick Dwyer | Lewes Wanderers CC | 28 | East Grinstead CC | 35 |
| Stephen Comben | Lewes Wanderers CC | 27 | Team ASL | 29 |
| Robert Rollings | Lewes Wanderers CC | 26 | Direct Power Cycling Team | 19 |
| Mark Edwards | Eastbourne Rovers CC | 25 | Worthing Excelsior CC | 16 |
| Brett Davis | Lewes Wanderers CC | 24 | Brighton Mitre CC | 12 |
| David Clark | Eastbourne Rovers CC | 23 | Hastings & St. Leonards CC | 10 |
| David Clements | Eastbourne Rovers CC | 22 | Crawley Wheelers | 8 |
| Michael Davey | Eastbourne Rovers CC | 21 | VTTA (Surrey & Sussex) | 6 |
| Mikey Weavers | East Grinstead CC | 20 | Brighton Excelsior CC | 0 |
| Damen Foord | Direct Power Cycling Team | 19 | Brighton Phoenix Triathlon Club | 0 |
| Ruth Summerford | Eastbourne Rovers CC | 18 | Central Sussex CC | 0 |
| Daniel Ellis | Eastbourne Rovers CC | 17 | East Grinstead Tri Club | 0 |
| Ian Newbold | Worthing Excelsior CC | 16 | GS Stella | 0 |
| Colin Harrison | East Grinstead CC | 15 | Horsham Cycling | 0 |
| Lisa Davis | Lewes Wanderers CC | 14 | In-Gear Quickvit Trainsharp RT | 0 |
| Peter Barling | Lewes Wanderers CC | 13 | Redhill CC | 0 |
| Jonathan Morcombe | Brighton Mitre CC | 12 | Rye & District Wheelers CC | 0 |
| Michael Valks | Lewes Wanderers CC | 11 | Southborough & Dist. Whs | 0 |
| John-Paul Brophy | Eastbourne Rovers CC | 10 | Sussex Nomads CC | 0 |
| Paul Butler | Hastings & St. Leonards CC | 9 | Velopace | 0 |
| Olivia Webb | Eastbourne Rovers CC | 8 | Wealden Cycle Club | 0 |
| Keis Layzell | Eastbourne Rovers CC | 8 | | |
| George Windsor | VTTA (Surrey & Sussex) | 6 | | |
| Steve McMenamin | Crawley Wheelers | 5 | | |
| Paul Valks | Lewes Wanderers CC | 4 | | |
| Kevin Hinton | Crawley Wheelers | 3 | | |
| Sue Collett | Lewes Wanderers CC | 2 | | |
| Chris Parker | Hastings & St. Leonards CC | 1 | | |

Don't forget forthcoming ESCA events

| Date | Distance | Course | HQ/Area | Entry | Promoter and Contact Details |
|----------------------------------|------------------------------|--------|--------------|-------|---|
| Saturday 14 Oct 2017 10:00 | 1433yd Hill Climb | GH/84 | Firle Bostal | £6.00 | Alex McLaren (Brighton Mitre CC) Phone: 01273 983632 Email: alexmclaren4@gmail.com |